

Prayer for the Seven Gifts of the Holy Spirit

Jesus, before ascending into Heaven,
You promised to send the Holy Spirit
— to finish Your work — in the souls
of Your Apostles and Disciples.

Grant the same Holy Spirit to me that
He may perfect in my soul — the work
Of His grace and His love.

Come Holy Spirit

Grant me the Spirit of Wisdom — that
I may not be attached to the perishable
things of this world — but aspire only
after the things — that are eternal.

Grant me the Spirit of Understanding
to enlighten my mind — with the light

of Your divine truth — the Spirit of
Counsel — that I may ever choose
the surest way of pleasing God — and
gaining Heaven — the Spirit of
Fortitude — that I may bear my cross
and that I may overcome with courage,
all the obstacles that oppose my sancti-
fication — the Spirit of Knowledge
that I may know God and know myself
and grow perfect in the image of the
Saints.

Grant me the Spirit of Piety — that I
may find the service of God sweet and
enjoy showing Your goodness to others,
the Spirit of Fear — that I may be
filled with a loving reverence towards
God and may avoid anything that may
displease Him. Mark me, dear Holy
Spirit — with the sign of a true apostle
and make me alive with Your Spirit in
all things.

Amen.