

Novena to the Holy Spirit

DAY ONE

HELLO!

O Holy Spirit, I began this Novena by admitting that I do not **KNOW** You. I know about you, from what I have been told. I have been told how God the Father, my Creator, and God the Son, my Savior, sent You God the Holy Spirit, to be with me. To comfort me, be my advocate, sanctify me.

MUSCLE BUILDER

I am ashamed, after all You have done for me, that I have never taken the time to learn how to open my heart and let You in.

It is my hope, at this moment, You will give me the **STRENGTH** to be **DETERMINED** and **PERSERVE** and to constantly have You as my companion. **I KNOW** how weak I am since I have had other good intentions and failed. I failed in the past because I did not realize it is You who must provide me with Your seven spiritual gifts.

Your gift of **FORTITUDE** will give me the **STRENGTH** I need to complete this Novena.

Instill in me, O Holy Spirit, Your gift of **FORTITUDE**, so I can carry on, to do what I must do, to complete this Novena.

END OF DAY ONE